

**Starters**

<b>Potted Ham Hock</b> <i>with pease pudding, quails egg, jerusalem artichoke crisps</i>	£8.5
<b>Warm Beetroot Salad</b> <i>smoked &amp; roasted beetroot, pantysgawn goats cheese, candied pecans</i>	£8
<b>Cauliflower Cheese Soufflé</b> <i>smoked bacon jam &amp; apple</i>	£7.5
<b>Little Haven Crab</b> <i>Asian crab salad, wasabi, avocado &amp; soy</i>	£9
<b>Ox Tongue 'n' Cheek</b> <i>pickles, mustard &amp; pink peppercorn</i>	£8.5
<b>Citrus Poached Salmon</b> <i>baked &amp; pickled apple, fennel, whisky &amp; mead jelly</i>	£8

**Mains**

<b>21 Day Dry Aged Pembrokeshire Beef</b> <i>chargrilled rump &amp; glazed shin, smoked mash, savoy cabbage, onions &amp; red wine sauce</i>	£24
<b>Day Boat Cod Loin</b> <i>leek &amp; potato, crispy mussels &amp; light curry spices</i>	£21
<b>Pork Belly</b> <i>12hr braised belly of pork, spiced butternut squash, black pudding &amp; sprout tops</i>	£20
<b>Butter Roasted Hake</b> <i>potato terrine, roast cauliflower, coastal herbs, caper &amp; almond butter</i>	£19
<b>Parsnip &amp; Pearl Barley Croquette</b> <i>with roasted root vegetables &amp; winter greens</i>	£16
<b>Welsh Lamb</b> <i>roast rump &amp; slow cooked belly, turnip, kale &amp; parsley</i>	£22
<b>Cilshafe Farm Duck</b> <i>glazed breast &amp; slow cooked leg with heritage carrots, chicory &amp; star anise</i>	£23

**Sides £4**

*Savoy cabbage & bacon   Gratin dauphinoise   Crushed carrot & swede   Buttered new potatoes*

**Puddings**

<b>Chocolate &amp; Coffee</b> <i>dark chocolate tart, espresso mascarpone, salted caramel &amp; hazelnuts</i>	£7.5
<b>Rhubarb &amp; Custard</b> <i>rhubarb fool, poached rhubarb, bird's custard mousse</i>	£7.5
<b>Prune &amp; Armagnac</b> <i>ginger parkin &amp; morello cherry curd</i>	£7.5
<b>Banana &amp; Malt</b> <i>banana cake, malt parfait &amp; aerated white chocolate</i>	£7.5
<b>Selection of Welsh Artisan Cheeses</b> <i>accompanied by biscuits &amp; fig jam</i>	£8.5

**Additional bread boards are charged at £2.50 each**

*If you have any specific dietary requirements or allergies, please speak to a member of our team who will be happy to advise*